



HARVEST TIME ACADEMY

Preschool & Elementary

Lunch Menu--January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HAPPY NEW YEAR! HTA CLOSED	2 <i>Preschool & CK bring a sack lunch!</i>	3 <i>Preschool & CK bring a sack lunch!</i>	4 <i>Bring your lunch!</i>	5
6	7 Charbroiled beef hamburger on bun Pickle slices Oven french fries Rosy applesauce	8 Beef (Crunchy) Tacos Pinto Beans Lettuce, Salsa, & Shredded Cheese Pineapples	9 Chicken Strips w/ Ketchup Homemade Roll Steamed Corn Sliced Oranges	10 Sausage Pizza Sliced Cucumbers & Carrot sticks w/ranch Mixed Fruit	11 <i>Bring your lunch!</i>	12
13	14 Grilled Cheese Sandwich (WW) Pickle Spears Green Beans Fresh Oranges	15 Cheese Nachos w/Shredded Chicken on Corn Chips Tomatoes & Salsa Peaches	16 Teriyaki Chicken & Brown Rice Diced Carrots Sliced Apples	17 Cheese Pizza Steamed Broccoli & Cauliflower Banana	18 <i>Bring your lunch!</i>	19
20	21 Beef & Cheese Crispitos With White Cheese & Salsa Carrot Stick Apple Slices	22 Beef Soft Tacos Refried Beans Lettuce, Salsa, & Shredded Cheese Pears	23 Chicken Nuggets w/Ketchup Mac & Cheese(WG) Green Beans Peaches	24 Pepperoni Pizza Toss Salad w/ Croutons & Ranch Dressing Sliced Oranges	25 <i>Bring your lunch!</i>	26
27	Beef Fingers Mashed Potatoes w/Brown Gravy Steamed Corn Pineapples	29 Vegetable beef soup Saltine Crackers Sliced Cheese Sliced Cucumbers Apple Slices	30 "Brunch for Lunch" Pancakes w/Syrup Sausage Patty Hash Brown Rounds Applesauce	31 Hamburger Pizza Carrot & Celery Sticks w/ Ranch Dressing Mixed Fruit	<i>WG=Whole Grain WW=Whole Wheat *Menu subject to change.</i>	<i>We never fry our food. We always steam or bake. We provide fresh fruit in season</i>